

## Update from Holly May 2019

Cast your burden on the LORD, and He shall sustain you; He shall never permit the righteous to be moved. Ps. 55:22

It is easy to get overwhelmed at the many tasks before me if I try to carry the burden alone. How thankful I am that I can take my burdens to the Lord and He will give me the strength and wisdom for every task that He has planned for me. On May 3<sup>rd</sup> Dr. Miriam left Ukraine on an early morning flight to begin her ministry as medical director of ABWE. Pray for her as she makes this difficult transition to ministry based in the states after 20 years here in Ukraine. Pray for me as I adjust to my new responsibilities as director of the medical ministry in addition to my responsibilities as President of Choose Life. I am thankful for a wonderful ministry team in both of these ministries that helps to make this time of transition easier.

Thank you for your prayers for the Easter outreaches here in Ukraine. Each of our village pastors reported that some of our clinic patients visited their special services, some visiting for the first time. Pray that God will continue to work in their hearts and that He will give them the desire to return to hear more! My church here in Odessa rented a conference room in a hotel just a few feet from our church building for our Easter service. We have trouble fitting into our small space on a regular Sunday, so we decided that we needed to rent a larger space for this special service. There were more than 100 in attendance. Pray that our church leadership will have wisdom to know the best way to deal with our ongoing need for more space. What a wonderful problem to have!



On May 4<sup>th</sup> I participated in a conference put on by the Ukraine Young Christian Medical Association. I was given the opportunity to do a short presentation on the sanctity of life as well as team teach a workshop on ministering to women with crisis pregnancies. Regina, an OB/GYN and one of our center volunteers, assisted me with the workshop and with a

presentation table for the ministry of Choose Life. It was a wonderful opportunity to interact with young Christian medical professionals about sanctity of life issues as well as to challenge them to use their profession as a platform for evangelism.



This weekend, May 18<sup>th</sup> our new Choose Life volunteers and some of our experienced ones will be going through the Good Soil Evangelism & Discipleship training. Pray that this will be a great help to them as we seek to share the gospel with our clients. May 31<sup>st</sup> & June 1<sup>st</sup> our post abortion ministry team will be conducting a training for new group leaders. They are experienced leaders, but this is their first time to conduct a training to prepare others. We have ladies coming from eastern Ukraine who hope to start a similar ministry there. I will be assisting them with the organization and with a couple of the sessions. Pray for God's blessing on the preparations and training.

Thank you for reading and praying!  
Resting in the God who sustains,  
Holly Friesen

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