

## Update from Holly March 2016

**“But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.” Is. 40:31**

This familiar verse recently ministered again to my heart. The ultimate source of my strength and refreshment is not just having enough help, enough sleep, and enough days off. My strength comes from the Lord. My first instinct when I am feeling weary and overwhelmed should be to run to Him. Thank you to those who have prayed specifically for me during these busy months of juggling the responsibilities of the medical ministry in Miriam’s absence as well as the pro-life ministry and church ministry. God has been good to give me strength when I needed to push a little harder, but also to give me times of rest & refreshment. I am thankful to have the help of Dr. Frank Weirman this month. He and his wife have already been a blessing to me personally and it eases my load to have their help with the village clinics. Dr. Frank’s wife Alves has spent some time visiting with some of our home bound patients to encourage and witness to them. Pray that God will give them both the stamina they need to keep up with a busy schedule and that their testimony will touch the hearts of our patients.

Thank you for your prayers for our Women’s Center clients. Our 14 year old client has been coming in regularly for parenting classes and the father of the baby has also come in to the center and expressed interest in doing the study with one of our male counselors. Pray that he will follow through with this desire. The girl’s mother also has much to deal with, and she has agreed to continue to meet with one of our counselors. Pray for God to give each counselor wisdom as they work with this family and that God will draw them to Himself!



Our first group of moms for 2016 recently completed our prenatal class. After the lesson, we always have tea time. This gives us a chance to get to know the ladies more and to answer their questions. At the last lesson we have a cake and small gift for each one. We enjoy this opportunity to not only explain more about the miracle of the beginning of a new life, but to also celebrate that life with them. Pray that we can effectively use this course to reach out into our community, to build relationships, and to share the message of life.

Our leaders for the post abortion healing Bible study “Forgiven & Set Free” have started several new small groups. These groups meet for 10 weeks to work through the course together. We have seen God bring about miraculous healing in the lives of women who have suffered in silence for years. The first several weeks of the study are always very intense and critical. It has been described to be like opening up an old infected wound and cleaning it out so that true healing can begin. Would you pray for these ladies and their leaders as they embark on this life changing journey? Pray especially for a group of ladies from the refugee center who have been attending the church services held there, but are not yet believers. They have agreed to go through this study together with two of our leaders. Pray that these leaders will have wisdom as they, for the first time, lead a group of ladies who are not very familiar with the Bible. Pray that these ladies will come to salvation as a result of this study!

Thank you for your prayers and for the notes of encouragement I receive. I am grateful for your partnership in this ministry.

Waiting on the Lord,  
Holly Friesen

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